

(Current Routine)

NEW SOUTH WALES GOVERNMENT

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DEPARTMENT OF CORRECTIVE SERVICES  
LONG BAY HOSPITAL  
C Ward Daily Routine

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06.00 Inmate headchecks

07.00 Inmate alive and well checks

*(Only Proceed when all areas are reported correct)*

07.30 Let go into ward area

08.00 Breakfast - to dining area

11.30 Muster /Lunch - to dining area

12.00 Lock in cells

14.00 Let go - to yard

17.00 Early showers


18.00 Dinner - to dining area

21.00 Lock in cells

**NOTE**

**This time table is a guide only.**

**All times are subject to emergencies and decisions based on DCS Management for the safety of inmates and staff of LBH and the security of the centre.**

 (JP)

Kerry Brennan  
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